

Behavioral Health Update

Presented to University Council
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Rationale

- Increased demand for behavioral health services within our student population consistent with national trends.
- Provide adequate and timely direct service to students, better meet the demand for appointments, and respond effectively to the acuity and severity of student issues.



Timeline

- May 2016
 - President Simon directs further integration of Counseling Center and Student Health Services
- July 2016
 - Action Committee Convened under Dr. Karen Klomparens
 - Membership: Student Health Services, Counseling Center, University Physician, Faculty
- August 2016
 - Keeling and Associates named as consulting firm
- September 2016
 - Report and recommendations submitted to the President, Provost, and VPSAS
- October 2016
 - Report shared with campus stakeholders and student groups
- January 2017
 - Core group begins work regarding integration, space, resources, clinical systems

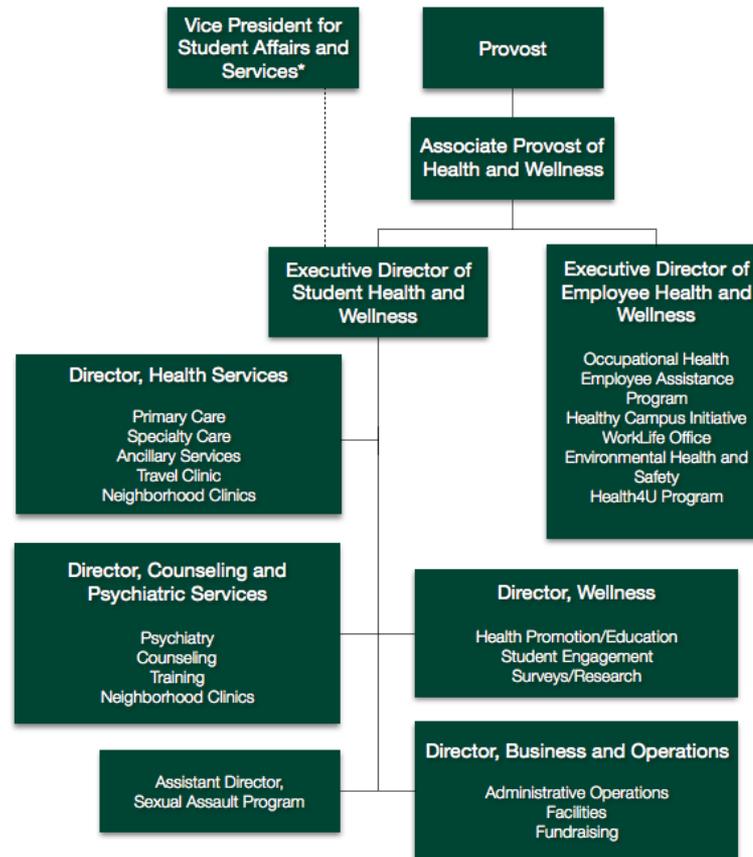


Highlights from the Executive Summary: Organizational Structure

- New multi-disciplinary, inter-professional model of care and services for students that integrating not only Psychiatry Services and the Counseling Center, but also Student Health Services, including Primary Care and Health Promotion.
- The fully integrated service is named Student Health and Wellness Services
- First step is to establish the integrated Counseling & Psychiatric Services (CAPS)



Proposed Organizational Chart



Highlights from the Executive Summary: Human Resources

- **Consider increase its complement of counseling providers,** consistent with national standards and best practices, integrated entity to fulfill the expected outcomes of the President, including, but not limited to, **co-located delivery of counseling and psychological/psychiatric services.**



Highlights from the Executive Summary: Human Resources

- The Action Committee recommends that counseling providers hold 12-month appointments in order to effectively contribute to a coordinated continuum of health and wellness services at MSU. The consultants strongly affirm and endorse this view.



Highlights from the Executive Summary: Access & Service Delivery

- **Students will access counseling and psychological/psychiatric services through a single point of entry:** all students who wish to secure an appointment may do so either in person (at a central location or in the Neighborhoods), by telephone, or—ultimately—online, regardless of how or where they first come into contact with or are referred for services in the integrated continuum of care.



Highlights from the Executive Summary: Inter-Professional Care and Services

- Student Health and Wellness Services should affirm and embrace the values of teamwork, collaboration, and diversity through:
 - **A collaborative, team-based approach to care.** Collaborative teams will include an interdisciplinary blend of providers and staff - psychiatrists, counseling and clinical psychologists, social workers, nurses, primary care providers (physicians, physician assistants, and nurse practitioners), and allied health professionals—who will work with students to develop individualized health care plans, goals, and intended outcomes. Collaborative teams should include academic advisors, as well.
 - **A commitment to diversity and inclusion** in which (1) **multicultural competence** is a shared expectation, responsibility, and requirement for ongoing training and professional development; and (2) leadership prioritizes increasing and maintaining the **diversity of providers and staff** across the integrated entity.



Highlights from the Executive Summary: Campus-Wide Health and Wellness Network

- Embed licensed counseling providers (1) in the Neighborhoods, in addition to existing primary care providers and health promotion and education programs, and (2) in the University's colleges, where they might be cross-trained with academic advisors.
- Expand the use of group therapy and workshops in the Neighborhoods.
- Consider the development of advisory groups that include representatives from the web of connections on campus - in university administrative offices, colleges and departments, programs and services, and student clubs and organizations—and off campus partners among local healthcare providers and agencies.
- Implement a 24-hour phone hotline for all integrated services.



Highlights from the Executive Summary: Online Services

- Implement a shared EHR system, AthenaHealth®



Next Steps

- Inclusive and transparent process to implement the recommendations and work with MSU administration



Next Steps

- Work Groups
 - Clinical Systems
 - Online Services / Technology
 - Electronic Health Record Optimization
 - Fostering Multicultural Competency
 - Health Promotion
 - Communications
 - Space & Facilities
- Student Town Hall facilitated by Keeling & Associates
 - February 1, 2017
 - 12:15 PM - 1:30 PM
 - IM - West - Classroom 208



Questions

